



A premier CATARACT surgery provider, Shinagawa Lasik & Aesthetics Center, with its more than 30 years of experience, has risen through the ranks to become one of the world-renowned leaders in eye services and treatments.

Regarded internationally as one of the top-tier eye centers, with countless successful procedures, Shinagawa Lasik and Aesthetics Center ensures the safety and quality of its services at a very reasonable cost.



Bonifacio Global City Branch

21st Floor, ORE Central Building
9th Avenue corner 31st Street
Bonifacio Global City, Taguig City

Makati Branch

Mezzanine level, Tower 2,
The Enterprise Center, Ayala Avenue
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Ortigas Branch

21st Floor, Hanston Square Building
San Miguel Avenue, Ortigas Center
Pasig City

MAKE AN APPOINTMENT

Contact us through our Patient Care Lines:

(+632) 7-368-5238 - LANDLINE

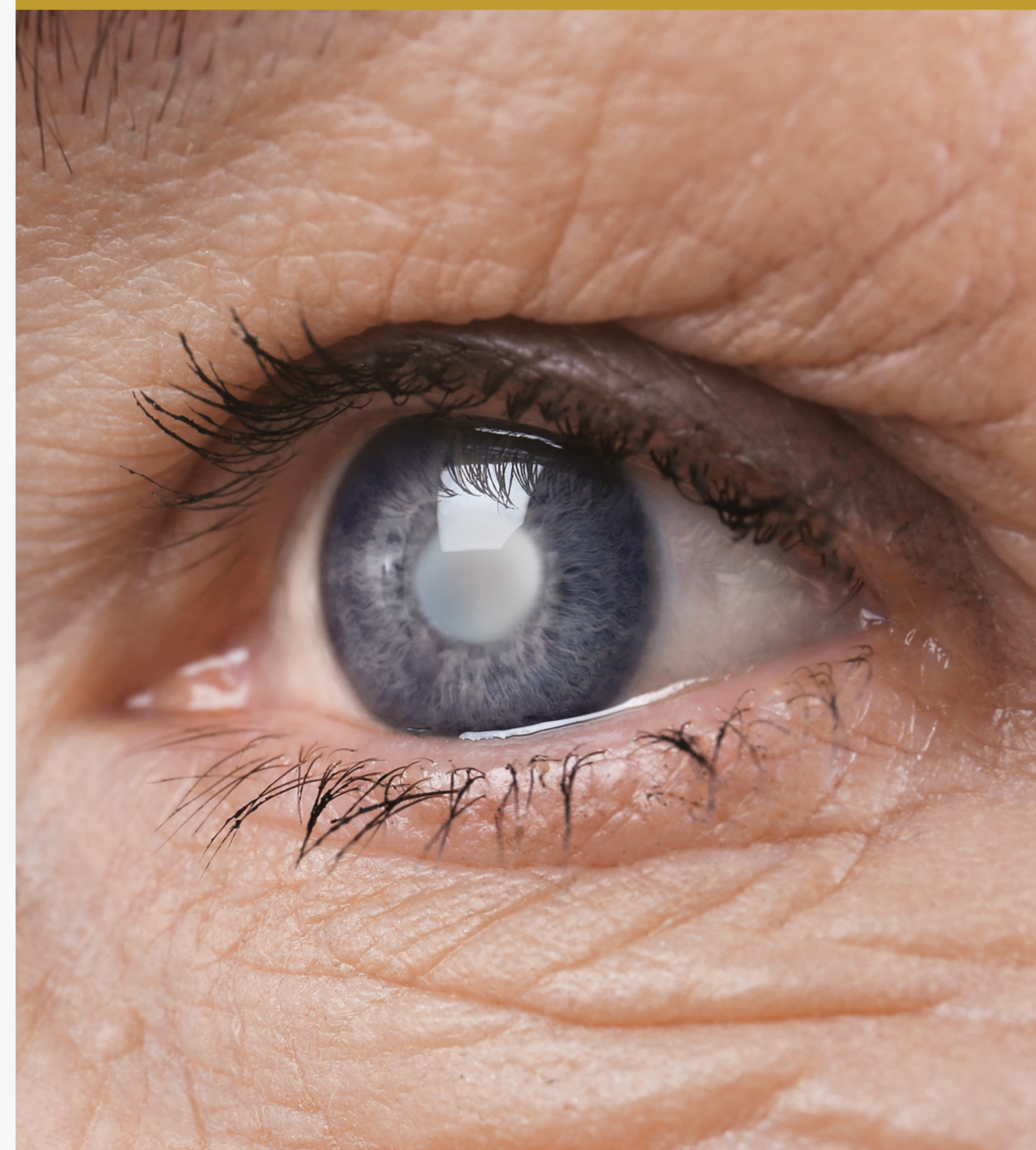
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Mondays to Sundays, 10AM to 7PM
Including Holidays

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CATARACT SURGERY



SHINAGAWA
Lasik & Aesthetics

WHAT IS CATARACT?

Cataract is an age-related eye condition that is the main cause of blindness in the Philippines which affect people mostly in the older age-group and more prevalent among women compared to men.

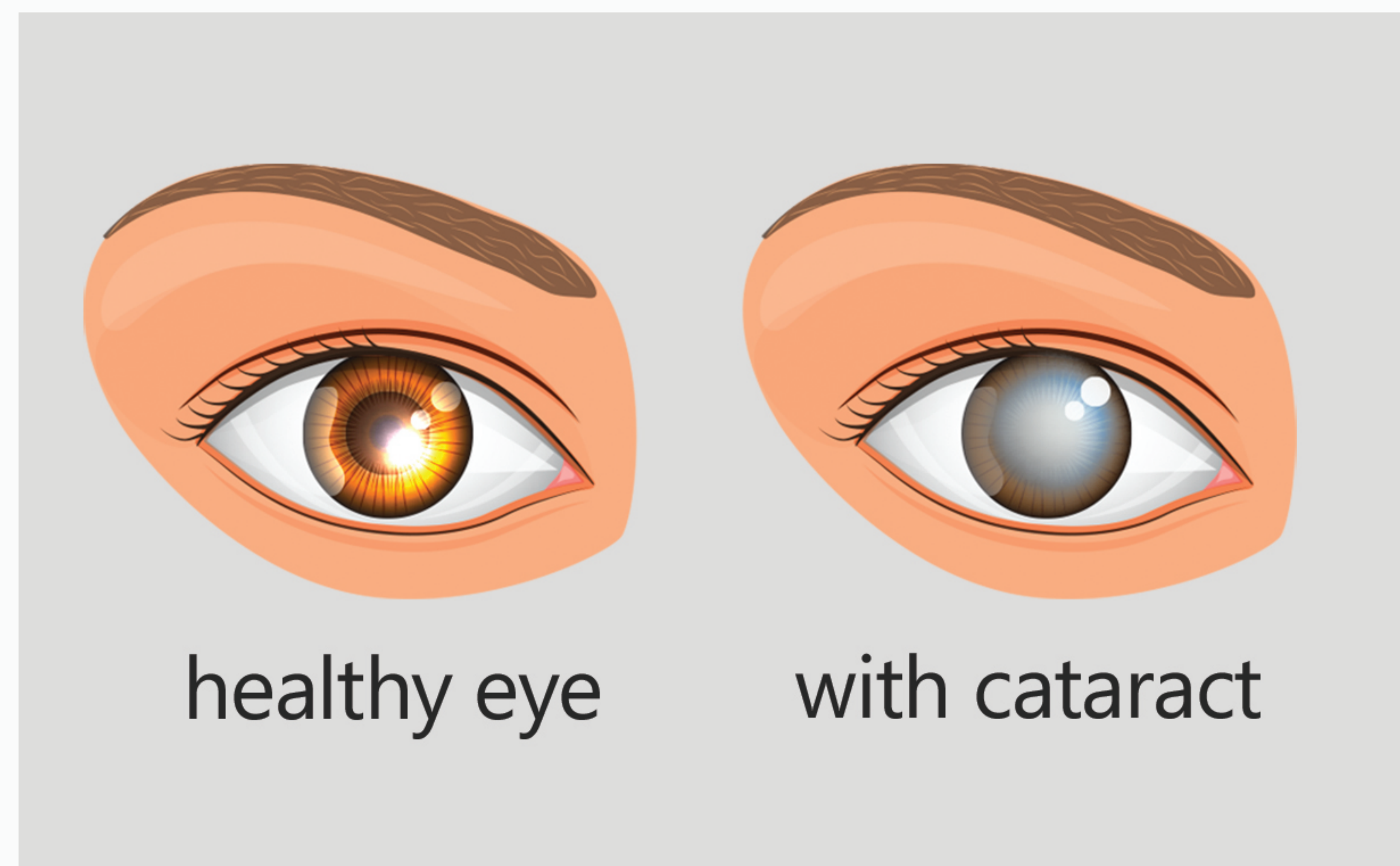
The clouds formed in the lens causes the vision to be blurry and hazy, just like looking through a foggy glass.

Laser-assisted Cataract Eye Surgery

For cataract, having surgery to address it is medically the **ONLY** effective treatment. Undergoing surgery will enable removal of the cloudy lens and replacing it with artificial lens that is bound to restore clear vision.

CATARACT SURGERY IS FOR:

- People who have symptoms of Cataract such as blurring of vision, cloudy or hazy vision, glare, halo, starburst, difficulty driving at night or frequent eyeglass updates.
- People, with a certain degree of Cataract, mild or none, who find it difficult to adjust with the use of contact lens or glasses because of high myopia, hyperopia, and astigmatism.
- Patients aged 50 and above who desire better vision without the use of glasses and contact lenses.



Monofocal, Toric, and Multifocal: Identifying the Best IOL Fit for Patients

In laser-assisted cataract surgery, the cloudy natural lens of the eye is removed. In almost all cases, the cataract is replaced with an artificial lens, called an Intraocular Lens (IOL), which is placed permanently inside the eye at the same time the cataract is removed. IOLs are available in different sizes, powers, materials, and designs, and must be selected by the surgeon depending on the needs of the eye.

Monofocal, Toric, and Multifocal are the three main types of intraocular lenses that are used in cataract surgery. They all have their differences and both present different features for patients. The doctor will thoroughly review and consider before making decisions in line with the cataract surgery.

Monofocal

Monofocal lenses corrects the distance vision and are focused at a very precise point, and often times require reading glasses in order to optimize near vision without glasses.

Toric

Toric lenses are responsible for fixing astigmatism. Monofocal toric corrects distance and astigmatism while multifocal toric takes care of distance, astigmatism and reading all in one.

Multifocal

Multifocal lenses are tiered lenses that enable patients to see clearly at both near and far distances. It is likewise similar to progressive glasses as it enables patients to be spectacle free. Multifocal lenses can also be used to treat presbyopia, an age-related condition in which patients tend to lose their ability of focusing clearly on objects within close range.

FREQUENTLY ASKED QUESTIONS

What happens if Cataracts are left untreated?

In most cases, cataracts will continue to worsen over time, causing continual reduction of vision. Driving can be affected — which could be dangerous — and so can overall quality of life. Many people become legally blind from untreated cataracts, and cataracts can even cause total blindness if left untreated for long periods.

When should I have cataract surgery?

Generally, for better outcomes, cataract surgery should be performed soon after vision problems develop rather than waiting many months or years. If your ophthalmologist sees signs of cataract and you start to notice visual disturbances, you should ask your ophthalmologist about the options available to you before it starts to affect your quality of life. At that point, you might most likely be advised to have cataract surgery already.

Are you awake during Cataract Surgery?

Yes, typically you are awake during cataract surgery. This enables your cataract surgeon to communicate with you during your procedure.

You will be given intravenous (IV) medication to help you remain calm and comfortable throughout the procedure. Within a short period of time after your procedure, you will be able to leave the surgery center, but you cannot drive after surgery. You must have someone with you to drive you home.

Can Cataract Surgery be performed on both eyes at the same time?

If you have cataracts in both eyes, surgery typically is performed on one eye, and then a few days or a few weeks later, it is performed on the second eye. This approach allows the first eye to recover and your vision in that eye to stabilize before surgery is performed on the second eye.

How long does the surgery take?

The surgery itself typically lasts between 15 and 30 minutes. However, if you add up the total time you spend with us (preparation, surgery, recovery, the entire process takes between 2–3 hours.

How long does the intraocular lens (IOL) last?

Intraocular lens implants (IOLs) are made from materials that are biocompatible. This means that they do not react with the body or produce allergic reactions. Your intraocular lens (IOL), once implanted, lasts for the rest of your life. This makes cataract surgery a permanent vision correcting procedure.